

**CEDAR BLUFFS INVITATIONAL
TRACK AND FIELD RECORDS**

GIRLS	Student	School	Time/Distance	Year
Discus	Hagemann	Yutan	122'3"	2000
Shot Put	Lynch	Malcolm	41'3"	1998
Long Jump	Warnke, Julia	O.C.A.	17'1.75"	2007
High Jump	Rollman, Susan	Humphrey St. Francis	5'3"	2007
Triple Jump	Warnke, Julia	O.C.A.	35'10.75"	2007
3200 M. Relay		Shelby	10:24.2	1997
400 M. Dash	Lyons, Sarah	Brownell-Talbot	58.0	2006
3200 M. Run	Reed	Central Christian	11:43.2	1998
100 M. Hurdles	Johnson, Kendra	Yutan	15.6	2005
100 M. Dash	Lyons, Sarah	Brownell-Talbot	11.7	2006
800 M. Run	Miller, Carol	Mead	2:26.6	2007
300 M. Hurdles	Johnson, Kendra	Yutan	47.8	2006
200 M. Dash	Lyons, Sarah	Brownell-Talbot	24.3	2006
1600 M. Run	Miller, Carol	Mead	5:26.2	2009
400 M. Relay		Humphrey St Francis	51.7	2008
1600 M. Relay		Humphrey St Francis	4:18.4	2008